

# Open House-Health Fair

Saturday, Sept. 12th  
**complimentary**  
classes, events & services  
9am - 6pm

- **Free** Mark Jenkins  
"Jump Off" class

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- **Free** Mark Jenkins  
Duet Training demos

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- **Free** Yoga, Pilates, Zumba &  
other fitness classes

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- **Free** Personal Training &  
Pilates sessions

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- **Free** Seated Massages

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- **Free** Skin care demos & samples

- Fall Shopping Event -  
**Big Discounts** off  
All Packages & Services

Delicious food & drinks by  
neighborhood restaurants.

Visit [somafit.com](http://somafit.com) for details



**Fitness**  
**Spa**